

Southeast AMHI Regional Management Team

October 2, 2024; 1:00-3:00 pm

Agenda

Time	Topic	Proponent(s)	Attachment
1:00 pm	Introductions and Updates.	Nick and Team	

Laura Sutherland, Regional Program Coordinator, Southeast MN Adult Mental Health Initiative updates the group that Wellness in the Woods information being sent with law enforcement in many counties, they are going to pass that information out on mental health calls; Christy Gildner, Fillmore County reports today is her last meeting. Her replacement at the county will take over the role of Vice Chair, but Christy asked for a volunteer to take minutes next month, Karen Bunkowski volunteered; Monica Yeadon of Wellness in the Woods reports their conference went well; Karen Bunkowski, Winona County, reports that the Bring Light into darkness even was phenomenal and very powerful. Luke Mattheisen, Olmsted County, reported on many trainings and personal stories being offered and shared with Olmsted Co staff; Abby Villaran, Goodhue County, working on increasing peer support and LAC; Francis Klees, Houston County, talked about using Wellness in the Woods and that it continues to be a positive experience; Sarah Trom, Fernbrook Family Center reports they are accepting referrals for ARMHS; Tina Nunemacher-Tews, Zumbro Valley informs us that they are having a Family Fall Fest this weekend to highlight children's and family services; Mathew Bjorgard, Olmsted County, is joining United Way in the Special Projects role; Christy Ferrington Hiawatha Valley talked about the Light into Darkness even, good turnout and an excellent event. Megan Toney has resigned from Hiawatha Valley; Ethan McConkey from Prairie Vare reports a care admissions intake department change. Oct 13 full change over date official; Michelle Luehring of UCare reports there is a new dental manager starting, more information to come.. UCare transportation will ask the person if they have a car. And if the client says yes they can't get transportation. Even if the car is not operable. Winona Co had to talk with UCare and mend that problem for a client that did have a car but was unable to use it.

1:20 pm	Team Building Activity Volunteer for next month:	Christy Ferrington	
1:40 pm	In My Own Voice/Mental Health Journey Ethan McConkey, Community Relations Director, Prairie Care	Ethan McConkey	
2:00 pm	Overview of the Connections and Referral Unit (CRU) at Zumbro Valley Health Center: Corey Kanz, MA	Corey Kanz	

Corey will share his slide show with the group.

Corey talked about CRU having a detox and withdrawal management license. DHS and MDH govern these. It is a 24/7 locked unit for people 12 years old and older. The stay is up to 72 hours. Full capacity is 22. Their physician will not accept anyone over a .4 BAC.

Admission criteria was explained. Withdrawal management can be for going off medications. County pays for sober detox. Individuals can just show up to the door. Most of the time CRU gets a phone call prior to a person coming to them. Different staffing positions explained. Every person meets with an LADC (Licensed Alcohol and Drug Counselor). They have an on call physician that can approve medications but not prescribe new medications. She is not on site. She may also hold meds based on what they are on and what they have used.

People are held at the CRU when on a hold order. They require an order signed by a judge. Until there is a bed somewhere for them. It is a locked unit, and they won't let them out if they have an order. The commitment must be CD (MI/CD is okay). But not just MI. Process: call ahead and provide information. CRU will make sure they can handle this person's medical needs. What about a

person from the community? Same process – talk with CRU and they will tell you what is needed. Consult their physician. Arrange transportation, such as transport order with law enforcement. Apprehend and hold. Corey will provide contact information to the group after this meeting. What about the do not admit list? A person could be put on the do not admit list for the following reasons: Threat, property damage, conflict of interest, trespassed from agency, unable to bill, etc. The team at CRU will review the information and take into account factors such as how long ago that was.

Medical clearance is needed to transfer someone to another facility. The on call physician is not on site so a face to face visit with her is not possible. Corey explained the different options of interventions that they provide and wondering if that can be used in place of a medical clearance as in seen by a physician and cleared in person.

Potential barriers: transportation, especially secure transportation and medications. 30 day supply is needed – transfers can happen quick and that is hard at times to get. Such as a transfer from hospital to CRU on commitment. Their length of stay is unlimited and unpredictable.

Corey recommended to come and take a tour – connect with Corey to do that.

There was a question about county contracts, information will be sent out to the group regarding those.

There was a questions about pregnant women? The CRU will not take anyone in their third trimester. And barriers exist with getting people to their prenatal care and appointments.

There are 10 double rooms and 2 private rooms. Commitments and adolescents get first priority for the single rooms. They prefer not to have them in doubles.

What type of programming is offered? CRU does not have groups. AA and NA come in x3 week. If therapy is needed a referral to therapy that can come to them can be placed, because they can't leave.

2:20 pm	Overview of Commitment Process and Status Update of Regional Commitments: Malia Grant, Senior Social Worker Adult Behavioral Health Olmsted	Malia Grant and Mike Boehm	
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Overview of commitment process was provided. It starts when someone requests it such as a hospital, community member, or family member to name some examples. Olmsted County judicial system won't accept a commitment without an examiner's letter in support of a commitment from a doctor or mental health professional. The threshold is harm to self or others due to mental health, chemical dependency or both. The process include an Interview with the person. The screening process looks for lesser restrictive interventions such as voluntary treatment. The team consults about the information gained from the interview and screening. If they decide to file a petition is filed with the court.

Statistics for Olmsted County: There has been a dramatic dip in requites for commitments in 2024. In 2023 there were 164 letters requesting a commitment and only 87 letters this year thus far. through August 2024. In 2022 there were 185 and 2021 there were 173. The years prior to those the requests numbered in the 120s and 140s, this was during the pandemic. There has been a steady increase until this year. This year they've had 19 straight CD (Chemical Dependency) commitment requests. They see very few of these, and very rarely file on these. They look at CD commitments through a medical need. They have filed 73% of the CD requests and 66% of the straight Mental Illness (MI) requests through august. There have been 21 requests for combined (CD/MI) and 11 or so filed. So about half. Winona county reports approximately 70% of their requests for commitment came from community last year.

What is the purpose of civil commitments at this point?

Is Mayo viewing Mental health and chemical dependency as not a medical issue when discussion medical necessity?

Investigations: Federal was closed and is sitting at the state level of investigation. Several MAARC reports were filed by different counties. Counties do not have any feedback or decisions from their investigations.

Counties are continuing to screen community requests. Revoking has become almost impossible. Where can they go if not the hospital? Discussion regarding the hours and the impact it is having on workers. The impact of the safety of these people and not having a place to put this stress and It was pointed out the importance of focusing on the experience of the person and that ultimately each person's decision if they leave treatment and don't leave their contact information.

A community member expressed his thankfulness for the commitment process and what it meant as a part of this journey.

It was requested to have this topic as a future topic.

3:00 pm	Adjourn	Nick Mann	
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<u>Attendance</u>					
<u>Voting Member</u>		<u>CREST Staff</u>		<u>Presenters, Providers and Community Members</u>	
Christy Gildner, Fillmore	X	Laura Sutherland	X		
Abby Villaran, Goodhue	X	Candace Dammen		Amy Bartz, South Central Human Relations Center	
Nicolas Mann, Goodhue	X	Maggie Fort	X	Mitch Merxbauer, South Central Human Relations Center	
Bethany Moen, Houston		Amy Becker		Kylie Schwering, South Central Human Relations Center	
Francis Klees, Houston	X			Erik Sievers, Hiawatha Valley Mental Health Center	
Brandon Smith, MN Prairie	X			Megan Toney, Hiawatha Bluffs Living	
Ryan Hegge, MN Prairie	X			Sarah Trom, Fernbrook	X
Lori Wills, Mower	X			Ashleigh Dowis, Family Services Rochester	
Casey Lind, Mower Alternate				Leon Flack, UCare	
Luke Mattheisen, Olmsted	X			Jane Wilka Pauley, Medical Behavioral Health	
Mike Boehm, Olmsted Alternate	X			Glenda Vian, Mental Health Professional, Olmsted	
Mathew Bjorngaard, Olmsted	X			Christy Ferrington, Hiawatha Valley Mental Health Center	X
Kayla Meyer, Wabasha	X			Michelle Luehring, UCARE	X
Karen Bunkowski, Winona	X			Tina Nunemacher-Tews, Zumbro Valley	X
Tessa Loken, Winona Alternate	X			Becky Ziller, South Country Alliance	X
Jane Stoyke, Winona	X			Kayla Hall, Wabasha County	
Monica Yeadon, Wellness in the Woods	X			Joshua Jensen Zumbro Valley	

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			Becky Lukes, Wabasha Co Finance	
			Amy Stanek, Mower County	
			Ana Barnes, Zumbro Valley	X
			Ethan McConkey, Prairie Care	X
			Corey Kanz, Zumbro Valley	X
			Malia Grant, Olmsted County	X
			Shauna Van Buskirk	X
			Stacie	X
			Lisa Arneson, Houston County	X
			Sarah Madson, Goodhue County	X

X= attending

Minutes of the October 2, 2024 Southeast AMHI Regional Management Team

Submitted by Christy Gildner, Vice Chair of the Southeast AMHI Regional Management Team