

Southeast AMHI Regional Management Meeting

December 4, 2024

1. WELCOME- Introductions and Updates

- **Laura Sutherland**- Regional Program Coordinator, Southeast MN Adult Mental Health Initiative
- **Christina & Samantha Aylsworth** [Community Representative]- Fillmore County- “Sam” is Fillmore County’s update
- **Karen & Tessa**- Winona County- Director position open
- **Jennifer**– Community Representative- no updates
- **Nick**- Chair Member- Started a NAMI connection support group in Red Wing [Maple Hills Apartments]
- **Francis**-Houston County Community representative-No updates
- **Becky** – South Country Health Alliance- Behavioral Health area working on updating healthy pathways benefits. Relaunch in March/April
- **Bethany**- Houston County-
- **Megan Toney**- NAMI
- **Kayla**- Wabasha County- No updates
- **Lynn Price**- liaison for BCBS (Blue +) SE MN rep
- **Shauna** – Zumbro Valley- No updates
- **Ryan Heggie**- MN Prairie
- **Malia Grant & Mathiasen**- Olmsted County- Career coordinator position
- **Abby**- Goodhue County- Adding positions for 2 lead positions open and finished outreach worker interviews. Going off the Merit system.
- **Christy**- Hiawatha Valley- Hired new residential director – Katie Donahue, Most of the Crisis Response team hired, however finding issues with applicants that are not qualified. Houston and Fillmore County Crisis Worker hired.
- **Casey**- Mower County- No updates
- **Jane**- Hiawatha Valley Peer Support- No updates
- **Sarah**- Fernbrook Taking referrals
- **Kylie**- South Central – Rebranding and will change name to Spero. Shifts in positions internally. The Case Management team has two open positions at this time. Struggling with the hiring process.
- **Tina** – Zumbro Valley – No updates
- **Monica**- Wellness in the Woods- No updates
- **Brandon**- MN Prairie

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2. TEAM BUILDING ACTIVITY: Sarah Trom- Personal or professional win you've had

Volunteer team building for February: Unknown at this time- Please email Laura Sutherland if you wish to volunteer for this. 😊

3. Francis – Houston County- Shared his story with the team. THANK YOU for trusting us enough to share with us. What a great asset to our team!
4. Lynn Price liaison for BCBS (Blue +) SE MN rep- Presented- explained current role and what BCBS can offer counties. Lynn is the county “Easy Button”, and we can tap into her directly [questions/concerns, transportation barriers, etc.]. Explained the Community Baby Showers- Will attend events hosted by counties, schools, local groups, etc. will bring educational materials, could bring some funding options, etc. Discussed the health care plan incentives.
5. AMHI Budget Re-Allocations [2025-2026]- Statewide AMHI meeting [after submitting grant request]- DHS identified that many counties “strayed” from the regulations to use funds from AMHI and CSP grant dollars. DHS will be doing a “reset” of county funding. Outcome of the meetings:

- DHS will give a transition period [grace period] for counties to implement changes, which will go into effect in 2025.

A FEW CHANGES IN ALLOCATION OF FUNDS:

- Services SHOULD be billed to MA, on the rare occasion that the billing would be denied, the AMHI grant could be used.
- Based on DHS guidance, of the \$500,000 originally allocated to SERCC for 2025-26, the Executive Committee of the Directors has recommended \$120,000 to SERCC for 2025-26
- \$20k – Transportation per year from SERCC to county of residence when MA cannot be billed
- \$20k- per year for outreach adult educational materials
- \$20k – per year for adult services when there has been an MA denial
- Re-allocating the remainder \$380,000.00
 - Ideas presented
 - Divide between the counties
 - Counties pool the funds together to help other areas of needs such as: Mower County [Mower County highest: poverty rate, immigration rate, and homeless population].
 - The Living Room model was discussed by Monica. [Emma Norton Supportive Services. Holistic Healing | Emma Norton](#)
 - Create a taskforce for the commitment challenges [Outreach]

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- Megan with NAMI willing to expand programs in other counties as an option.
 - More drop-In Centers- Winona increased evening/weekends. Christy with Hiawatha- drop-in center in Red Wing has been a success but needing more funds to increase staff for the need. Wabasha drop-in center is set for start-up in beginning of 2025
 - Tina with ZVHC- Housing crisis discussed with the appropriateness of more AMHI dollars, possibly could be expanded. Karen explained that the funds could be used under Brass Code 443.
6. Commitment Updates- Casey- update on Mayo Clinic meeting- Starting in January, there will be a monthly meeting to continue to discuss the best way to collaborate as a team for the commitment concerns. Will continue to meet to help identify areas of need and best practices for ongoing concerns with ED's being unequipped for MI/CD.
- January will meet with Austin Manor IRTS to discuss the possibility of a locked facility.
 - Malia- Seeing an increase in support in MI commitments. Spoke with Mayo about utilization of Continuance of Dismissals. A stay of commitment vs a continuance of dismissal was explained by Malia.
- 7. REMINDER: NO JANUARY MEETING**
8. February meeting: Jamie Pfantz [Wabasha County Collaborative & Aware Coordinator] & Amanda Zwart [MN Prairie Mental Health Outreach Coordinator] will be presenting on their roles.